

Monthly *Newsletter*



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Words from *Our Founder*



Halo sobat Pure, tidak terasa kita sudah setengah tahun melewati 2022. Situasi Covid sudah melandai, terima kasih untuk semua **effort** pemerintah, **effort** teman teman yang di lapangan, **effort** para sobat yang menahan diri di rumah dan semua **effort** perusahaan dengan semua satgas covidnya.

Bulan ini kami mengangkat tema **Effort**. Akar kata Effort dalam bahasa latin adalah **ex: out; fortise: strong**. Jelas dari akar kayanya effort mengandung kekuatan yang keluar dari apa yang kita lakukan. Mungkin Anda tidak sadar seberapa kuat diri Anda sampai Anda melihat effort yang sudah dilakukan.

Effort identik dengan pencapaian atau hasil namun ingat, hasil akhir bukan bicara tentang berapa banyak uang yang Anda dapatkan, berapa mewah mobil Anda, berapa tinggi gaji Anda namun bicara tentang jadi seberapa kuat mental Anda, jadi seberapa cepat Anda menyelesaikan sesuatu, jadi seberapa ahli Anda terhadap sesuatu yang Anda berikan effort.

Fokuskan effort Anda pada prosesnya dan refleksikan, otot kehidupan mana dalam diri Anda yang terbentuk dan membuat Anda semakin siap menghadapi kenyataan dunia.

Jabat Sehat Hebat,
Gunawan Wijaya

“

At the end of the day, you can't control the results; you can only control your effort level and your focus.

- **Ben Zobrist**



May's Theme:

Efforts



What is effort?

Search



Ef·fort

/ˈɛfərt/

terms,

The using of energy to get something done; exertion of strength or mental power

The use of physical or mental energy to do something; exertion

Why effort is important in our life?

Satisfaction lies in the effort, not in the attainment, full effort is full victory - Mahatma Gandhi

- Effort teaches us that we can do more than we thought.
- We learn new skills and abilities when we take the time to put in consistent effort.
- Every new success that we achieve through our efforts increases our confidence in ourselves and our abilities

You will have different seasons in your life, no doubt about it. There will be times where great things will happen. There will be times where bad things will happen as well.

But the one constant thing that you have the opportunity to control throughout everything that happens is your effort



Effort in *Relationship & Workplace*

What is effort in a relationship?

Effort does not have to be something big. It could be the little things you do — texting them in the middle of the day, or asking them how their day was. It's simple things like that that will make them **feel valued and loved**.

Putting in effort is an important ingredient to a happy and healthy relationship. It will help your relationship to flourish and thrive.

How to Put Effort into a Relationship



PRIORITIZE YOUR PARTNER

DO THINGS TOGETHER

KEEP COMMUNICATION LINES OPEN

MAKE TIME FOR DATE NIGHTS

<https://www.lovingatyourbest.com/blog/how-put-effort-relationship>



Team Effort in Workplace?

Effort is whatever an individual put into a **task to complete and succeed to achieve the goal**. Effort is something that results in the **reasonable, diligent and valuable outcome** to accomplish the goals.

Therefore, it is good to work with the team to reduce the workload and can work without having stress. One can give their 100% effort efficiently which results in the valuable outcomes

The benefits of team effort

Builds trust

Encouraging team effort in your workforce will give employees chances to prove their competence and dedication to one another

Creativity

Multiple people working together on the same team is the best way to foster an aura of creativity

Collective learning

Team effort lets your employees combine their individual strengths to enhance the overall team performance



<https://www.chanty.com/blog/team-effort/>



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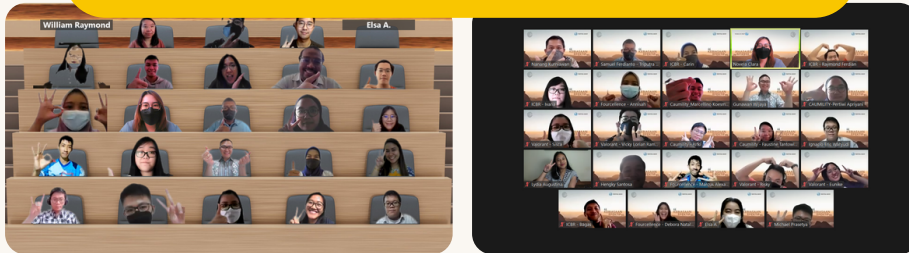
Pure TCO

PURE's Activity

May 2022

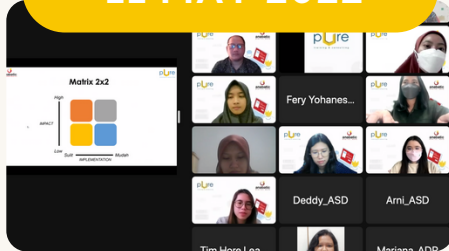


9 - 24 MAY 2022



7 Effective Habit
- Triputra

11 MAY 2022



PSDM Managerial
- Anabatic

12 MAY 2022



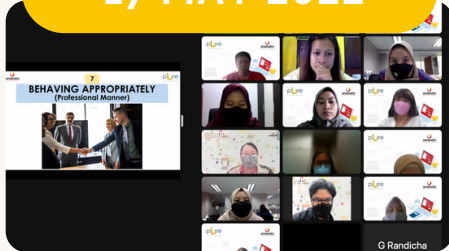
Management & Organizational
Behavior - Anabatic

13 MAY 2022



Farewell -
Sekolah Dian Harapan

17 MAY 2022



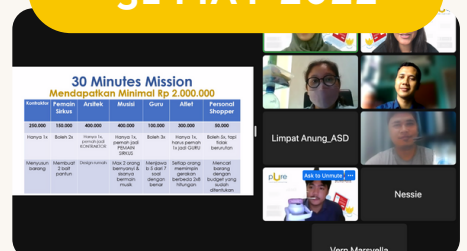
Informal & Social Network
- Anabatic

25 MAY 2022



Time Management
- Anabatic

31 MAY 2022



Design Thinking
- Anabatic

What's on June?

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SMART Communication Anabatic

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Webinar with BabyKenaz

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Project Management & Presentation Skills
- CIMB Niaga

13

Continuous Improvement- Anabatic

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Personal Image & Business Etiquette
Managerial - Anabatic





plure Announcement

training & consulting

Our Instagram officially are moving
from **@pure.tco** to **@pure_tco**

Something exciting is coming your way.

Don't forget to follow and show your likes

For more information
Contact us



0878 7719 8886



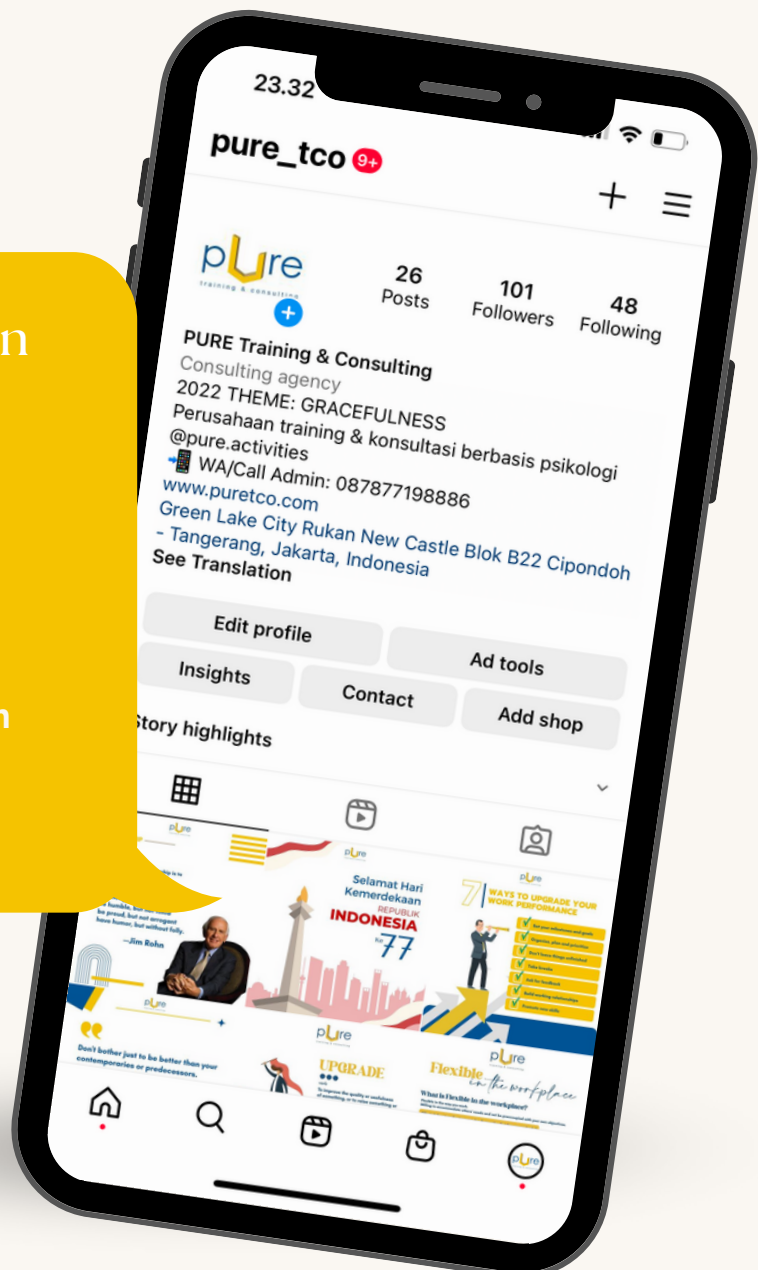
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